



## Homework: What Do You Hear?

| Name:   |
|---|
| Have you ever watched a TV show where you've heard characters say some surprising things to each other? Why do they say such things? They may do it for higher ratings. But could it also be because they aren't good at taking another person's perspective?   |
| Now you get to take a closer look (and listen). Watch a sitcom, cartoon, or dramatic TV show with an adult family member. Select two characters to focus on for 10 minutes. Listen carefully to the interactions between them. How well do they take the other person's perspective? Fill in your observations below. |
| What I Observe  |
| Name of Character 1: Name of Character 2:   |
| How clearly do they explain their opinion?  |
| Character 1: great! okay not so good  |
| Character 2: great! okay not so good  |
| Are they being nonjudgmental?   |
| Character 1: great! okay not so good  |
| Character 2: great! okay not so good  |
| Are they respectful of the other person's opinion?  |
| Character 1: great! okay not so good  |
| Character 2: great! okay not so good  |
| The best way to describe the communication between these two characters is:   |
| Character 1: great! okay not so good  |
| Character 2: great! okay not so good  |
| Being judgmental adds the following to the show (check all that apply):   |
| humor conflict nothing  |
| If you were a part of this show, how would this style of communication make you feel (check all that apply)?  |
| happy angry frustrated respected unsure   |
|   |
| This homework assignment was completed on (date) [adult] signature  |
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